

New Items

VITAMINS, MINERALS AND SUPPLEMENTS					
Seven Seas					
Multi Vitamins					
Multi Spectrum			60 caps	£5.19	
Vegetarian / Vegan Multivitamins + Minerals			60 tabs	£6.25	
Multibionta (Probiotic Multi-Vitamins)			60 tabs	£8.75	
Multibionta Immune (Probiotic Multi-Vitamins)			60 tabs	£12.99	
Vitamins					
Vitamin B complex			30 caps	£3.05	
Haliborange High Strength Vitamin C 500mg			50 tabs	£4.55	
Halibonbons Childrens Chewable Vitamin C		(STAR BUY)	30 tabs	£2.68	
Vitamin E 400 iu			60 caps	£5.99	
Traditional Cod Liver Oil			120 caps	£4.66	
High Strength Cod Liver Oil			120 caps	£10.12	
Joints					
Jointcare Cod Liver Oil Plus Glucosamine			90 caps	£13.60	
Jointcare Advnced (Glucosamine + Chondroitin)			30 caps	£11.32	
Comfrelieve cream (Comfrey)			50g	£6.99	
Fish Oil					
Omega-3		(STAR BUY)	120caps	£9.26	
Advanced Omega-3			60 caps	£10.18	
Cardiomax			30caps	£12.99	
Probrain Pure Fish Oil			30 caps	£10.77	
Women					
Evening Primrose Oil + Starflower Oil 500mg			60 caps	£6.99	
Pure Evening Primrose Oil 500mg			60 caps	£5.79	
Pure Starflower Oil 500mg			30 caps	£5.95	
Minerals for Hormonal Balance (Magnesium, Zinc, Vitamin B6)			30 tabs	£3.99	

Minerals				
Zinc Chewables			50 tabs	£5.19
HOMEOPATHIC MINERAL TISSUE SALTS				
Seven Seas				
New Era Tissue Remedies				
Single Tissue Salts				
Available in tubs of 450 tablets				
Calc Fluor	No 1	Maintains Tissue Elasticity	450 tabs	£4.29
Calc Phos	No 2	Constituency of Bones and Teeth	450 tabs	£4.29
Calc Sulph	No 3	Blood Constituent	450 tabs	£4.29
Ferr Phos	No 4	Minor Respiratory Disorders	450 tabs	£4.29
Kali Mur	No 5	Minor Respiratory Disorders	450 tabs	£4.29
Kali Phos	No 6	Nerve Soother	450 tabs	£4.29
Kali Sulph	No 7	Maintains Skin Condition	450 tabs	£4.29
Mag Phos	No 8	Soft Tissue Salt	450 tabs	£4.29
Nat Mur	No 9	Distribution in Body Water	450 tabs	£4.29
Nat Phos	No 10	Acid Neutraliser	450 tabs	£4.29
Nat Sulph	No 11	Body Water Balance	450 tabs	£4.29
Silica	No 12	Conditioner Cleanser	450 tabs	£4.29
Combination Remedies				
Available in tubs of 450 tablets				
Combination	'A'	Sciatica	450 tabs	£4.49
Combination	'B'	Nerviness, Stresses and Strains	450 tabs	£4.49
Combination	'C'	Acidity, Heartburn, Dyspepsia	450 tabs	£4.49
Combination	'D'	Minor Skin Ailments	450 tabs	£4.49
Combination	'E'	Indigestion, Colicky Pain, Flatulence	450 tabs	£4.49
Combination	'F'	Nervous & Migraine Headache	450 tabs	£4.49
Combination	'G'	Backache, Lumbago	450 tabs	£4.49
Combination	'H'	Hay Fever, Allergic Rhinitis	450 tabs	£4.49
Combination	'I'	Fibrositis, Muscular Pain	450 tabs	£4.49
Combination	(<i>STAR BUY</i>) 'J'	Coughs, Colds, Chestiness	450 tabs	£4.49
Combination	'K'	Brittle Nails	450 tabs	£4.49
Combination	'L'	Sedentary Lifestyle	450 tabs	£4.49
Combination	'M'	Rheumatic Pain	450 tabs	£4.49
Combination	(<i>STAR BUY</i>) 'N'	Menstrual Pain	450 tabs	£4.49
Combination	'P'	Aching Feet & Legs	450 tabs	£4.49
Combination	'Q'	Catarrh, Sinus Disorders	450 tabs	£4.49
Combination	'R'	Infants Teething Pains	450 tabs	£4.49
Combination	'S'	Stomach Upsets, Billiousness	450 tabs	£4.49
Proprietary Remedies				
Available in tubs of 150 tablets				
Elasto			150 tabs	£3.15
Nervone			150 tabs	£3.15
Educational Material				
Homeopathic Handy Book	by Dr WH Schuessler			£2.99
HOMEOPATHIC MEDICINE				

Nelsons Homeopathic Remedies				
Potency 6c and 30c				
We are able to readily provide the following listed single remedies which are known to be some of the most useful or often recommended ones, in the potency of 6c and 30c.				
Available in Klikpack dispenser (84 pillules)				
And securitainer vials (125 tablets)				
			<u>Klikpack</u>	<u>Klikpac</u>
			<u>6c</u>	<u>30c</u>
				<u>Tub</u>
				<u>6c / 30c</u>
Arnica <i>(STAR BUY)</i>			£4.50	£5.30
Arnica				£6.00
Aconite				£5.10
Apis Mel				£5.10
Arsenic Alb				£5.10
Belladonna				£5.10
Bryonia				£5.10
Calc Carb				£5.10
Euphrasia				£5.10
Gelsemium				£5.10
Hepar Sulph				£5.10
Hypericum				£5.10
Ignatia				£5.10
Kali Bich				£5.10
Kali Phos				£5.10
Lycopodium				£5.10
Nat Mur				£5.10
Nux Vom			£4.30	£5.10
Pulsatilla			£4.30	£5.10
Rhus Tox			£4.30	£5.10
Sepia				£5.10
Sulphur				£5.10
Thuja				£5.10
Additional single or combined remedies are available in required liquid potency upon prescription or recommendation of a qualified / practising Homeopath.				
More Nelsons Specialties				
Nelsons Indicated Range				
Available in packets				
Noctura	Insomnia		72 blister	£4.60
Teetha teething	Teething pain		24 sachets	£4.80
Sootha	Coughs		syrup	£3.89
Coldenza	Influenza		72 blister	£4.60
Pollenna <i>(STAR BUY)</i>	Hay fever		72 blister	£4.60
Travella	Travel sickness		72 blister	£4.60
Topical Range				
Available in tubes of 30g				

Arnica cream		Bruises		£4.35
Burns cream		First Aid help		£4.35
Calendula cream		Healing		£4.35
Graphites cream		Dermatitis		£4.35
Hypercal cream		Cuts and scrapes		£4.35
Rhus Tox cream		Rheumatic conditions		£4.35
Ruta Grav cream		Strains		£4.35
Tea Tree cream		Antiseptic		£4.35
Educational Material				
Introduction and Guide to Homeopathy				£2.99
BACH FLOWER REMEDIES				
NelsonBach				
Bach Rescue Remedy				
Famous for restoring inner calm, control and focus. A combination of five Original Flower Remedies to help you face daily stresses, emergency situations and losses.				
Available as the following:				
Drops 10ml				£5.15
Drops 20ml	(STAR BUY)			£7.25
Spray 20ml				£5.15
Cream 30g				£5.15
Pastilles 50g				£5.15
38 Individual Remedies				
Discovered by Dr Bach, this system of 38 flower based remedies help manage your emotions and help fulfill your potential.				
Available in 20ml liquid dropper bottle				
<u>Remedy</u>		<u>Emotional State</u>		
Agrimony		Mental torment behind brave face		£5.95
Aspen		Fears and worries of unknown origin		£5.95
Beech		Intolerance		£5.95
Centaury		Weak-willed and subservient		£5.95
Cerato		Seeks advice and confirmation from others		£5.95
Cherry Plum		Fear of mind giving way		£5.95
Chestnut Bud		Failure to learn from past mistakes		£5.95
Chicory		Selfishly possessive		£5.95
Clematis		Dreaminess lack of interest in present		£5.95
Crab Apple		Self-hatred, sense of uncleanness		£5.95
Elm		Overwhelmed by responsibility		£5.95
Gentian		Discouragement, despondency		£5.95
Gorse		Hopelessness and despair		£5.95
Heather		Self-centredness, self concern		£5.95
Holly		Hatred, envy, jealousy		£5.95
Honeysuckle		Lives in the past		£5.95
Hornbeam		'Monday morning' feeling		£5.95

Impatiens		Impatience		£5.95
Larch		Lack of confidence		£5.95
Mimulus		Fear of known things		£5.95
Mustard		Deep gloom with no origin		£5.95
Oak		Exhausted but struggles on		£5.95
Olive		Lack of energy		£5.95
Pine		Self reproach, guilt		£5.95
Red Chestnut		Fear or overconcern for others		£5.95
Rock Rose		Terror		£5.95
Rock Water		Self-repression, self-denial		£5.95
Scleranthus		Indecision		£5.95
Star of Bethlehem		After effects of shock		£5.95
Sweet Chestnut		Extreme mental anguish		£5.95
Vervain		Over-enthusiasm		£5.95
Vine		Domineering, inflexible		£5.95
Walnut		Protection from change and outside influences		£5.95
Water Violet		Proud, aloof		£5.95
White Chestnut		Unwanted thoughts, mental arguments		£5.95
Wild Oat		Uncertainty as to the correct path in life		£5.95
Wild Rose		Resignation, apathy		£5.95
Willow		Resentment		£5.95
Educational Material				
Introduction and Guide to Flower Remedies				£2.99
WELEDA				
Bodycare				
Weleda is a therapeutic health and bodycare brand which was established in Britain in 1925, and remains committed to its original ethos, which is to consciously use only natural ingredients, from plants sourced from organic farms.				
Bathtime, Soaps				
Lavender Relaxing Bath			200ml	£8.00
Pine Reviving Bath Milk			200ml	£8.00
Iris Soap			100g	£4.25
Citrus Body Wash			200ml	£5.95
Sea Buck Body Wash			200ml	£5.95
Wild Rose Body Wash			200ml	£6.95
Deodorants				
Citrus Deodorant		(STAR BUY)	100ml	£5.95
Sage Deodorant			100ml	£5.95
Wild Rose Deodorant			100ml	£7.95
Toothpastes				
Calendula Toothpaste			75ml	£2.95
Ratanhia Toothpaste			75ml	£2.95
Plant Gel Toothpaste			75ml	£2.95
Shampoos				
Calendula & Chamomile		(STAR BUY)	250ml	£7.95
Lemon Balm & Orange			250ml	£7.95

Rosemary & Ginger			250ml	£7.95
Conditioners				
Calendula and Chamomile			250ml	£7.95
Lemon Balm & Orange			250ml	£7.95
Rosemary & Ginger			250ml	£7.95
Rosemary Hair Lotion			100ml	£5.95
Baby Care				
Face Cream			200ml	£7.25
Calendula Lotion		(STAR BUY)	200ml	£6.25
Calendula Oil			200ml	£6.25
Nappy Change Cream			75ml	£5.25
Cream Bath			200ml	£6.25
Shampoo & Bodywash			200ml	£5.95
Soap			100ml	£4.25
Toothgel			50ml	£2.50
Lotions				
Aloe Vera Body Lotion			200ml	£7.60
Sea Buck Body Lotion			100ml	£5.95
Wild Rose Body Lotion			100ml	£9.95
Creams				
Citrus Skin Cream			50ml	£5.95
Foot Balm			75ml	£5.95
Sea Buck Hand Cream			50ml	£4.50
Skin Food		(STAR BUY)	75ml	£5.95
Oils				
Birch Cellulite Oil			100ml	£12.50
Sea Buck Body Oil			100ml	£7.95
Wild Rose Body Oil		(STAR BUY)	100ml	£17.75
Sun Protection				
Edelweiss Cream SPF 15			200ml	£9.25
Facial Care				
Lip Salve			4g	£5.10
Almond Range				
Cleansing Lotion			75ml	£5.95
Moisture Cream			30ml	£6.75
Facial Mask			30ml	£7.95
Iris Range				
Cleansing Lotion			100ml	£5.75
Facial Toner			100ml	£5.75
Moisture Cream			30ml	£6.75
Intensive Treatment Mask			30ml	£6.75
Wild Rose Range				
Cleansing Lotion			100ml	£6.95
Facial Toner			100ml	£6.95
Moisture Cream			30ml	£8.95
Intensive Mask			30ml	£9.95

Night Cream	(STAR BUY)	30ml	£8.95
Intensive Eye Cream		10ml	£9.95
Men's Skin Care			
Shaving Cream		75ml	£5.50
Smooth Shave Toner		100ml	£11.00
After Shave Balm		100ml	£11.00
Moisture Cream		30ml	£6.95
WELEDA			
Healthcare			

Weleda was established in 1921 and has been producing a range of family medicines, to restore health and maintain well-being. This is done naturally, ethically and without damage to environment. It has a holistic approach that acknowledges the balance of mind, body and spirit. This is anthroposophic medicine, which is an understanding of ones own natural ability to heal.

Healthy Balance			
Elixirs			
Birch Elixir	Eliminate toxins accumulated over winter	200ml	£6.60
Blackthorn Elixir	Invigorate and fortify in demanding times	200ml	£6.60
Sea Buckthorn Elixir	Rich in antioxidants, Keeps body's natural defence	200ml	£7.60
Juices			
Birch Juice	Cleanse system, Maintain vitality	200ml	£6.60
Blackthorn Juice	Ideal supplement to diet	200ml	£6.60
Sea Buckthorn Juice	Maintain healthy immune system	200ml	£7.60
A to Z Healing			
Aches, Sprains, Rheumatic Pain			
Massage balm with Arnica	Muscular pain, Sprains, Bruising, Cramp	100ml	£8.50
Rheumadoron drops	Muscular rheumatic pain	25ml	£6.95
Rheumadoron Ointment	Muscular rheumatic pain	25g	£4.50
Baby Health			
Balsamicum Ointment	Nappy rash, Anti-inflammatory	25g	£4.50
Bites, Burns, Stinging			
Combudoron Ointment	Stings, Bites and Burns	25g	£4.50
Coughs, Colds			
Catarrh Cream	Congested nasal passage	25g	£4.50
Oleum Rhinale Nasal Drops	Nasal congestion	15ml	£6.85
Cough Drops	Stubborn tickly cough	25g	£4.50
Cough Elixir	Congested cough	100ml	£4.50
Cuts, Abrasions			
Balsamicum	Cuts, Heal wounds	25g	£4.50
Calendula Lotion	Cuts, Wounds, Minor abrasions	50ml	£5.85
Hypericum/Calendula Ointment	Painful cuts, Minor wounds	25g	£4.50
Eye Health			

Larch Resin Ointment		Eye strain, apply around eyes	25g	£4.50
Haemorrhoids/Piles				
Antimony Ointment		Irritated and painful piles and Fissures	25g	£4.50
Headache & Migraine				
Bidor 5% Tablets		Migraine and Headache attack	100tab	£5.85
Hayfever				
Rhinodoron Nasal Spray		Flushes out pollen and allergens	20ml	£4.25
Indigestion				
Digestodoron Tablets		Indigestion, Heartburn, Flatulence, Constipation	100tab	£6.85
Melissa Comp Drops		Nausea, Stomach ache, Upset, Diarrhoea	25ml	£5.85
Laxadoron Tablets		Laxative	100tab	£5.85
Oral Health				
Medicinal Gargle		Sore throats, Mouth ulcers, Tender gums,	50ml	£5.75
Dilute for Mouthwash			conc	
Skin Problems				
Balsamicum Ointment		Anti-inflammatory, Boils	25g	£4.50
Antimony Ointment		Dry cracking skin, Fissures, Eczema	25g	£4.50
Dermatodoron Ointment		Anti-inflammatory, Eczema	25g	£4.50
Stress, Exhaustion, Sleeplessness				
Avena Sativa Comp Drops		Calming, Relaxing, Restful sleep	25ml	£5.85
Fragador Tablets		Nerviness, Tension, Stress and Strain	100tab	£5.85
Womens Health				
Menodoron Drops		Period pain	25ml	£6.85
HIMALAYA				
Ayurvedic Formulated				
Bodycare				
Beauty Products				
Face				
Gentle Face Wash Gel		Oily skin	150ml	£6.20
Purifying Neem Face Wash Gel		Anti bacterial	150ml	£6.20
Gentle Face Wash Cream		Normal to dry skin	150ml	£6.20
Gentle Exfoliating Apricot Scrub			150ml	£6.20
Gentle Exfoliating Walnut Scrub			150ml	£6.20
Deep Cleansing Milk			200ml	£6.20
Gentle Refreshing Toner			200ml	£6.20
Face Moisturing Lotion			200ml	£6.20
Intensive Face Moisturizing Lotion			200ml	£6.20
Nourishing Skin Cream		(STAR BUY)	150ml	£6.50
Revitalising Night Cream			50ml	£9.80

Anti-Wrinkle Cream			50ml	£9.80
Fairness Cream			100g	£5.10
Lip Balm			10g	£1.30
Almond & Cucumber Peel-Off Mask			150ml	£6.20
Neem Face Pack			150ml	£6.20
Purifying Mud Pack			150ml	£6.20
Refreshing Fruit Pack			150ml	£6.20
Clarina (Acne Cream)			30g	£6.60
Deep Cleansing Astringent Lotion			200ml	£5.80
Neem Face Pack			150ml	£6.20
Acne-n-Pimple Cream			30g	£6.60
Body				
Soothing Body Lotion (Dry Skin)			200ml	£5.10
Soothing Body Lotion (Extra Dry Skin)			200ml	£5.10
Soothing Body Lotion (Normal Skin)			200ml	£5.10
Soothing Body Lotion (Sensitive Skin)			200ml	£5.10
Footcare Cream			75g	£3.00
Anti-Stress Massage Oil			200ml	£6.60
Hair				
Dry Hair Protein Shampoo			200ml	£4.50
Greasy Hair Protein Shampoo			200ml	£4.50
Normal Hair Protein Shampoo			200ml	£4.50
Dry Hair Protein Shampoo & Conditioner			200ml	£5.50
Greasy Hair Protein Shampoo & Conditioner			200ml	£5.50
Normal Hair Protein Shampoo & Conditioner			200ml	£5.50
Anti-Dandruff Dry Hair Shampoo			200ml	£4.50
Anti-Dandruff Greasy Hair Shampoo			200ml	£4.50
Anti Dandruff Normal Hair Shampoo			200ml	£4.50
Protein Conditioner			200ml	£4.50
Protein Hair Cream			175ml	£5.50
Revitalizing Hair Oil		(STAR BUY)	200ml	£4.50
Anti-Dandruff Hair Cream			175ml	£5.50
Anti-Dandruff Hair Oil			200ml	£5.50
Remedial Applications				

Natural Antiseptic Cream			75g	£3.00
Dental Cream			100g	£3.50
Cold Relief Balm			500g	£4.90
Anti-Stress Massage Oil		(STAR BUY)	200ml	£6.60
Pain Massage Oil			200ml	£6.70
Muscle & Joint Rub			25g	£3.10
Rumalaya Gel			30g	£3.94
Ophthacare Eye Drops			10ml	£4.00
V-Gel (infection)			30g	£3.75
Pilex Ointment			30g	£4.00
AYURVEDIC REMEDIES				
HIMALAYA				
Health Care				
The following are remedies to be taken orally.				
Pure Herbs				
Triphala		Digestive Care	60 caps	£7.60
Shatavari		Female Tonic	60 caps	£7.60
Guggulu		Weight, Cholesterol	60 caps	£7.60
Ashwagadha		Anti-Stress	60 caps	£7.60
Brahmi		Alertness, Calming	60 caps	£7.60
Arjuna		Blood Circulation, Heart	60 caps	£7.60
Neem		Skin Care, Blood Purifier	60 caps	£7.60
Amalaki		Anti-Oxidant, Respiratory	60 caps	£7.60
Karela		Regulates Metabolism	60 caps	£7.60
Tulasi		Cough, Cold	60 caps	£7.60
Prepared Remedies				
Stresscare		Stress Management	100 caps	£13.00
Herbolax		Detox, Digestive	60 caps	£9.00
Liv-52 (STAR BUY)		Liver Care / Heart	100 caps	£11.00
Purim		Skin, detoxification	60 caps	£13.00
Rumalaya Forte		Arthritis, Joint Pain	60 caps	£13.00
Ayurslim		Natural Slimming	60 caps	£11.00
Diabecon		Diabetes Management	60 caps	£11.00
Speman		Mens Formula	100 caps	£11.00
Evicare (STAR BUY)		Womens Formula	30 caps	£5.50
Chyavanaprasha		Immunity, tonic	500g	£7.50
Remedial				
Following remedies are for external application.				
Natural Antiseptic Cream			75g	£2.75
Anti-Stress Massage Oil			200ml	£6.60
Pain Massage Oil			200ml	£6.70
Dental Cream			100g	£3.20
Cold Relief Balm			50g	£4.70
Ophthacare Eye Drops			10ml	£3.60
Muscle & Joint Rub		(STAR BUY)	25g	£3.00
Rumalaya Gel			30g	£3.86
V-Gel (infection)			30g	£3.65
Pilex Ointment			30g	£4.00

Herbal Teas				
Green Tea			20's	£3.75
Digest Tea			20's	£3.75
Sleep Tea			20's	£3.75
Stress Tea			20's	£3.75
AYURVEDIC REMEDIES				
PUKKA				
Health Care				
The following are to be taken internally.				
Organic Single Herbs & Formulas				
Amla & Peppermint		Acidity, Diarrhoea	90caps	£13.45
Andrographis		Acute Infections, 'Flu	90 caps	£13.45
Asafoetida Plus		Candida, Bloating	90 caps	£13.45
Ashwagandha		Stress, Energy	90 caps	£13.45
Guduchi & Neem		Liver support, Detox	90 caps	£13.45
Guggul Plus		Weight, Cholesterol	90 caps	£13.45
Neem		Anti-Bacterial, Candida	90 caps	£13.45
Neem & Sarsaparilla		Healthy Skin	90 caps	£14.45
Shatavari		Fertility, Menopause	90 caps	£14.25
Shatavari Plus <i>(STAR BUY)</i>		Menstrual Balances	90 caps	£15.45
Triphala Plus		Constipation, Detox	90 caps	£14.45
Turmeric & Boswellia		Joint Health	90 caps	£14.45
Valerian & Ashwagandha		Insomnia	90 caps	£14.45
Organic Tinctures				
Available in blue glass bottle				
Trikatu		Colds, Rhinitis	50ml	£7.45
Organic Ayurvedic Food Supplements				
Aloe Vera Juice <i>(STAR BUY)</i>		All round Healing, Nourishing	1 litre	£19.95
Chywanaprash		Herbal Jam supporting well-being	250g	£9.95
Hemp Seed Oil		Nutty oil rich in essential fatty acids	250ml	£7.45
Ghee		Healthy nourishing cooking oil	300g	£7.45
Coconut Oil		Cooking	480ml	£11.95
Herbal Teas				
Refresh		Peppermint, Licorice, Rose	20 x 2g	£1.99
Clarity		Ginger, Lemongrass, Gotu Kola	20 x 2g	£2.09
Love		Rose, Chamomile, Lavender	20 x 2g	£2.09
Detox <i>(STAR BUY)</i>		Aniseed, Fennel, Licorice	20 x 2g	£2.09
Protect		Jasmine Green Tea, Cardamom, Rosemary	20 x 2g	£2.09

Body Care				
Organic Ayurvedic Oils and Waters				
For external application				
Medicated & Massage Oils				
Ashwagandha Tonic Oil	(in Sesame oil)	200ml	£14.95	
Bhringaraj Hair Oil		200ml	£14.95	
Brahmi Mind Oil		200ml	£14.95	
Mahanarayan Joint Oil	(STAR BUY)	200ml	£14.95	
Coconut Oil		100ml	£7.95	
Neem & Sesame Oil		200ml	£14.95	
Massage Oils				
Refresh Pitta Oil		200ml	£14.95	
Relax Vata Oil		200ml	£14.95	
Revitalise Kapha Oil	(STAR BUY)	200ml	£14.95	
Flower Water				
Available in pump spray				
Organic Rosewater		100ml	£9.75	
Educational Material				
Ayurvedic Books				
Ayurveda	Introductory book to principles and practical application	Lad	£9.99	
Ayurvedic Cooking for Self-Healing	Deliciously healing recipes from food alchemist duo	Dr & Mrs Lad	£11.50	
CD's				
3 Easy Steps to Deep Relaxation			£10.95	
NATURAL HEALTH CHOICE				
Natural Health Choice creates and offers the most pure health products and the most effective accessories to assist you in detoxifying your body, maintaining good health, and eradicating ill health caused by contaminants.				
These are the items we supply to help you clear your body and improve your well being.				
Dr Hulda Clark				
Herbs and Supplements for Cleanse Programs				
Parasite Cleanse				
Parasite Cleanse Kit (4 items)	(STAR BUY)		£60.41	
Black Walnut Hull Tincture Extra Strength		120ml	£24.73	

Black Walnut Hull Capsules 360mg			50 caps	£23.13
Wormwood Capsules 365mg			100 caps	£14.18
Clove Capsules 500mg			100 caps	£11.06
Ornithine 500mg			100 caps	£15.22
Arginine 500mg			100 caps	£12.52
Bowel Cleanse				
Bowel Cleanse Kit (13 items)		(STAR BUY)		£138.26
Betaine Hydrochloride 425mg			100 caps	£7.93
Turmeric 500mg			100 caps	£7.50
Fennel Powder 450mg			100 caps	£6.37
Digestive Enzyme tablets 490mg			50 caps	£13.14
Black Walnut Hull Tincture Extra Strength			120ml	£24.73
Cascara Sagrada 425mg			100 caps	£9.19
Magnesium Oxide 300mg			100 caps	£8.97
Lugols Iodine Solution			30ml	£8.25
Kidney Cleanse				
Dr Clark Kidney Cleanse Kit (16 items)		(STAR BUY)		£143.99
Black Cherry Concentrate			240ml	£13.67
Parsley 385mg			42 caps	£5.23
Goldenrod Tincture			30ml	£7.93
Ginger 500mg			100caps	£7.93
Uva Ursi 500mg			100 caps	£8.21
Vitamin B6 230mg			100 caps	£9.81
Magnesium Oxide 300mg			100 caps	£8.97
Liver Cleanse				
Quick Liver Cleanse Kit (125)				£31.20
Epsom Salts 965mg			60 caps	£11.83
Epsom Salts			1kg	£5.00
HydroChloric Acid 5%			30ml	£6.89
Ornithine 500mg			100 caps	£15.22
Black Walnut Hull Tincture		(STAR BUY)	120ml	£24.73
Black Walnut Hull Capsules 360mg			50 caps	£23.13
General Vitamins and Supplements				
Vitamin C Powder			450g	£23.34
Vitamin C 1000mg			100 caps	£12.35
Vitamin B 100 Complex 500mg			100 caps	£18.74
Cysteine 500mg			100caps	£13.14
Co Enzyme Q10 30mg			100caps	£15.60
Co-Enzyme Q10 400mg			30 caps	£34.95
Bioresonance – Zapper and Accessories				
Dr Clark Vari-Zapper (NEW!!)		(Replaces the Super Zapper Deluxe 2006)		£253.91
Cable				£9.09
Conductive Gel Electrodes				£4.36
Conductive Wristbands				£18.18
Plate Zapping Board				£89.09

Cable for Plate Zapping				£43.64
Bottle Copies for Plate Zapping				£5.00
Program Drivers:				
Common Bacteria				£16.45
Common Viruses				£16.45
Common Parasites				£16.45
Common Fungi				£16.45
Water Filters				
Wellness Water Carafe		(STAR BUY)		£49.50
Water Enhancer				£29.95
Additional Equipment				
Oxygenius Ozonator				£170.58
HEALTH LEADS				
Dried Hydrangea Root (cut) 100g				£7.75
Gravel Root (cut) 100g				£7.75
Marshmallow Root (cut) 100g				£6.25
Goldenrod Tincture 1:3			200ml	£4.80
Black Cherry Concentrate			8oz	£9.60
Liver herbs (Milkthistle combination)		(STAR BUY)	200g	£26.70
Milkthistle 440mg			90 caps	£10.60
Echinacea Root Tincture 1:3			100ml	£11.10
Bone Complex		(STAR BUY)	90 caps	£18.70
Contains Magnesium Oxide 400mg, Coral Calcium 200mg, Boron 3mg, Vitamin D3 400iu				
(For joint and bone problems and strengthening.)				
Boron 3mg			90 caps	£7.10
Shark Liver Oil 500mg			60 caps	£13.25
Bromelaine 100mg & Papaine 100 mg (Digestive Enzymes)			90 caps	£7.75
Asphalia for Natural Sleep			30 caps	£11.95
Asphalia for Natural Weight Control			30 caps	£11.95
Lugols Iodine			100ml	£20.95
Hydrogen Peroxide 35% Food Grade			500ml	£19.90
Green Tea cut herbs			200g	£7.40
Green Tea 350mg			90 caps	£7.70
Xylitol (sweetener)			500g	£12.70

Humet-R Syrup (heavy metal detox)			600ml	£31.75
Equipment				
Dust Mite Controller				£49.95
Enema Kit (inc bag & fittings)				£11.70
Body Fat Monitor				£14.95
Please note: If there are any items not listed that you are looking for or wish to purchase, we may be able to find and make them available for you, so please inquire by telephone or email.				
NATURAL HEALTH PRACTICE				
Dr Marilyn Glenville PHD				
Dr Glenville is the UK's leading nutritionist in women's health.				
We offer her specially formulated products, and her internationally bestselling books on women's health.				
Vitamins, Minerals and Supplements				
These are special formulations They are combinations of required ingredients designed to fulfill the supplement's purpose. More information is available upon request.				
Fertility Plus for Women		(STAR BUY)	60 fish caps	£21.97
Fertility Plus for Men			60 veg caps	£24.97
Omega Plus			90 veg caps	£24.97
Meno Plus			60 veg caps	£19.97
Black Cohosh Plus			60 veg caps	£14.97
Osteo Plus			90 veg caps	£17.97
Agnus Castus Plus			60 veg caps	£14.97
Ante Natal Plus			60 veg caps	£17.77
Vit C Plus			60 veg caps	£11.77
Amino Plus			90 veg caps	£24.77
Nutri Plus			90 veg caps	£24.77
Books and Literature				
Getting Pregnant Faster				£10.99
The New Natural Alternatives to HRT				£10.99
The Nutritional Health Handbook for Women		(STAR BUY)		£19.99
Overcoming PMS the Natural Way				£7.99
Healthy Eating through the Menopause				£12.99
Osteoporosis – The Silent Epidemic				£10.99
Fat Around the Middle				£9.99